



LET'S HELP INTERNATIONAL-LHI

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FAMILY PLANNING HOME TO HOME SENSITIZATION WEEK FROM 14-18/12/2020

REPORT



December 21st, 2020

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ABBREVIATIONS

LHI: Let's Help International

F.P: Family Planning

UNHCR: UN High Commission for Refugees

OPM: Office of Prime Minister

INTRODUCTION

Refugees face many challenges in the refugee camps, which include poverty, hunger, lack of jobs, lack of shelter, failing to educate children and many more.

Having many children, in that unsafe and hard life condition, keeps fueling those problems. The children who don't attend schools turn in crimes, early marriage and prostitution and all those problems are harmful to the society.

Let's Help International, took the initiative through its program of Behavior Change, of sensitizing to people about Family Planning (F.P) in order to fight against those problems. After sensitization, a person committed to do family planning is referred to the qualified Hospital for further advice and assistance.

I. IMPORTANT POINTS ABOUT THE COURSE

I.1. WHY SENSITIZING PEOPLE ABOUT FP

Regardless of the most miserable and pitiful lives found in refugee camps, refugees count the highest rate of population growth because of different reasons: Religious, social etc and many lack information about F.P

I.2 THE GOAL OF FP SENSITIZATION WEEK

Make visits at least to 100 homes of ITAMBANINIGA RUTCHINGA Cell in order to inform people about FP

I.3 OBJECTIVES OF FP SENSITIZATION WEEK

At the end of the course, every man and woman attended will be able:

- (i) To say what FP is all about
- (ii) To differentiate between advantages and disadvantages of FP to mother, father, children and family in general
- (iii) To explain at least three (3) methods of family planning.
- (iv) At the end of the week, LHI Staff would have got at least ten (10) FP informers in the community from who informed by LHI Staff to sensitize others about FP

- (v) At the end of the week, twenty (20) families would have taken a decision to control their birthing and been recommended to a qualified nearby health centre for more assistance.

SUMMARY OF THE WORK DONE THROUGH OUT THE WEEK

II.1 Duration of the Field work

Monday to Friday from 09:00am-04:00pm

II.2 Place of work

Itambabiniga Ruchinga Cell, Kyaka II Refugee Settlement, Kyegegwa District, Uganda



LHI Field officers sensitizing to people about F.P in Itambabiniga

III. TABLE SUMMARY WORK CHART

DATE	DAY	FAMILY VISITED	REFERRED	WAITING	REJECTED
14/12/2020	Monday	18	3	12	3
15/12/2020	Tuesday	22	5	14	3
16/12/2020	Wednesday	20	8	7	5
17/12/2020	Thursday	24	7	13	4
18/12/2020	Friday	23	5	12	6
TOTAL		107	28	58	21

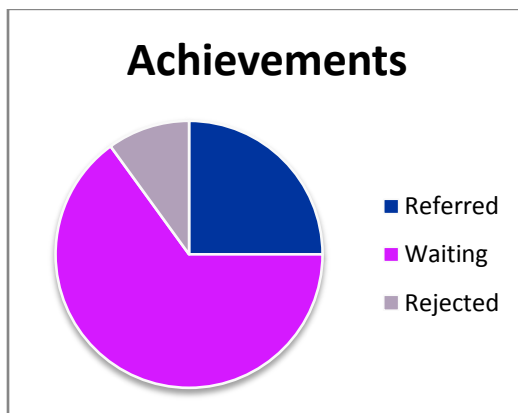
IV. EVALUATIONAL TABLE CHART

A. WORK TARGET OF THE WEEK

	TARGETED FAMILIES	REFERRED	WAITING	REJECTED
5 DAYS	100	25	65	10

B. ACHIEVEMENTS

TIME SPENT	FAMILY VISITED	REFERRED	WAITING	REJECTED
5 DAYS	107	28	58	21



C. CHALLENGES AND OPPORTUNITIES

Mind sets of some people who don't want to do F.P for many reasons such as Religious and lack of information.

The major challenge also is little funds which may not allow LHI Field officers to reach many families. Furthermore, the challenge of moving around the settlements due to lack of means of transport such as motorcycles and cars was also encountered.

Therefore, much is needed from various stakeholders and partners to help LHI to meet its mission.

CONCLUSION

This is a great pleasure to thank LHI's partners including UNHCR, OPM and other stakeholders for their support and cooperation to see that LHI fulfils its objectives.

God bless you



Pr. Festo NDUWAYEZU

Chairperson